

STARTERS

RAW NORI ROLLS ♦ ♣

Cucumber, seasonal sprouts, bell peppers, carrot, celery, zucchini, nori, fresh mint, basil, ginger sesame dipping sauce
Large 14 • Small 8

Pairing: Saint Hillaire Sparkling Semi-sweet

FELLOWSHIP DIPS ♦

Zesty Golden hummus and luscious Rawvocado dip with house-made flatbread and marinated veggie sticks **14**

GOLDEN HUMMUS ♦

Zesty Lemon-Herb Hummus, with house-made flatbread and marinated veggies **9**

RAWVOCADO DIP ♦ ♣

A luscious avocado dip made with sunflower seeds & pepitas, served with marinated veggie sticks **10**

SOUP & SALAD ♦

Bowl of soup and our Sage Greens salad **13**
sub Quinoa Salad 2 • sub Vital Force Salad 3

DAILY SOUP

Vegan artisan creations served with bread; changes daily **8**

PIZZAS

CRISPY KALE PIZZA ♦

Creamy pesto alfredo, garlic, tomatoes, mozzarella, Miti Caña goat cheese, basil, crispy kale **16**

“SAUSAGE” & MUSHROOM PIZZA ♦

House-made white bean “sausage”, organic mozzarella, garlic mushrooms, hand-crushed tomato marinara **14**

Pairing: Santa Rita Carmenera

BUILD-YOUR-OWN PIZZA ♦

Customize your own pizza. Ask server for an order sheet

ENTREES

ROASTED VEGETABLE ENCHILADAS ♣ ♦

Gluten-free tortilla, fresh zucchini, mushroom, bell pepper, onion, seasonal chile peppers, tomatoes, cashew cream, jack cheese **17** *contains nuts*

Pairing: Casarena Cabernet Sauvignon

THE HERCULES BURRITO ♣ ♦ ♣

A hot, hearty burrito with spicy black bean-sweet potato ragout, fresh avocado, in a sun-dried tomato tortilla, jack cheese, salsa, served with Sage Greens Salad **15**

Pairing: Santa Ema Merlot

ZUCCHINI-KALE LASAGNA ♦

Zucchini medallions, kale, garlic-marinated mushrooms, creamy marinara, basil, mozzarella • *baked to order* **13**

Pairing: Arizona 1 Sangiovese

COMPLIMENTARY BREAD
SERVED UPON REQUEST.
ASK ABOUT BYOB

**100% ORGANIC PRODUCE,
NUTS, BEANS, OILS,
HERBS & SPICES**

WRAPS

Served with your choice of soup, salad or quinoa pilaf

MEDITERRANEAN WRAP ♦ ♣

Sun-dried tomato wrap, lemon-herb hummus, kale, mixed greens feta, olives, tomato, red onion, fresh herbs, and lemon citronette **14**

RAWVOCADO WRAP ♣ ♦ ♣

Our rawvocado dip, with mixed greens, sprouts, tomatoes, red onion, vegan cheddar cheese, spicy chipotle salsa, roasted sunflower seed butter, in seasonal leafy green **15**

Pairing: Nobilissima Pinot Grigio

COWGIRL WRAP ♣ ♦ ♣

Sun-dried Tomato wrap, mixed greens, jack or vegan cheese, black beans, sunflower seed butter, avocado, tomato, red onion, spicy chipotle salsa **14**

Pairing: Santa Julia Innovacion Tempranillo

JOHNNY APPLE WRAP ♦

Collard wrap, fresh apples, mixed greens, cranberries, carrot slaw, goat cheese brie, rosemary vinaigrette, sunflower butter **15**

Pairing: Yalumba Riesling

SALADS

VITAL FORCE SALAD ♦ ♣

Kale, avocado, tomato, red onion, sunflower seeds, vegan “bleu cheese”, house-made gluten-free croutons, tossed with honey-lemon-cayenne dressing **15**

Pairing: Martin Ray Chardonnay

QUINOA SALAD ♦

Fresh herbs, cucumber, red onion, carrots, celery, cherry tomatoes, bell pepper, lemon citronette, on a bed of quinoa topped with feta cheese and fresh avocado **15**

Pairing: Les Hautes de Lagarde Sauv Blanc

SAGE GREENS ♦ ♣

Mixed greens, carrot slaw, tomato, orange citronette **5**

WINE & BEER

All suggested wines and many others can be found at Whole Foods Market. Our corking fee is \$10 and covers up to two bottles of wine.

Ask your server for more BYOB information.

KEY

♦ VEGAN

♦ VEGAN AVAILABLE

♣ RAW

♣ GLUTEN-FREE AVAILABLE

♣ SPICY

HEALTHY ORGANIC HERBAL BLENDS

No Caffeine

AN ELEPHANT NEVER FORGETS*

minty + herbal + fresh

A formula to support mental focus and memory

AROMATIC DIGESTIVE

aromatic + cooling + spicy

Herbal formula to support healthy digestion

HAVE A CUP OF AAAAH

herbal + floral

Calming, floral, herbal blend to take the edge off a tense day

I AM INSPIRED AND CREATIVE

exotic + sweet

Magical, delightful tea to stimulate creative inner forces

JOYFUL TEA

herbal + floral + fresh

This formula is to refresh and uplift the spirit

STOMACH SOOTHER*

floral + minty + sweet

Soothing blend of herbs to support the stomach and digestion

SUPERMAN POWER*

earthy + bittersweet

Tasty blend of herbs to support male health, energy, and virility

WILD & WEEDY TEA

rich + green + herbal

Overall cleansing formula, supports lymphatic detoxification

WONDER WOMAN POWER TEA*

earthy + herbal + exotic

Women's energy and wellness blend

SPECIALTY ORGANIC HOUSE BLENDS

Caffeine

GOLDEN MOON

Like a cup of hot apple pie

GOOD MORNING GANESH

Lucky morning tea with Indian spices

DARK MOON

Deep, dark chocolate puehr, sinfully rich; awakens passion

ENCHANTED MOON

Scented white tea, awakens appreciation for life

FEATURED ORGANIC GREEN TEAS

Caffeine

BLUEBERRY KUKICHA

Berry-fresh, sweet, smooth

GENMAICHA

Vegetal, toasty

HOJICHA

Rich, toasty, warming

JASMINE PEARL TEA

Floral, enchanting

SENCHA

Green, rich, grassy

ORGANIC CHAI TEAS

With almond milk, honey or agave • 8.50 for 24 oz. pot or 5 for one pint glass

AFRICAN CHAI

Rooibos & Honeybush

No Caffeine

CHOCOMAYA CHAI

dark chocolate and chili

GO CHAI

Classic Indian Chai, with spices and Black Tea

THAI CHAI

Lemongrass and vanilla
No Caffeine • Contains nuts

OTHER BEVERAGES

COFFEE

organic fair trade **3.50**

HOUSE-MADE LEMONADE

Ask your server for seasonal flavors **4** • refill **2**

SPARKLY JUICE

blueberry-pomegranate, mango, or tart cherry **4**

CHYAVANPRASH

Ayurvedic formula, sweet, rich, energizing **5**

FEATURED ORGANIC BLACK • OOLONG

Caffeine

DARJEELING

Floral + aromatic

EARL GREY

Fruity + fresh + floral

AMBROSIA BLACK

*Rich + smooth
caramel-vanilla-apricot*

ALMOND BLOSSOM OOLONG

*Light + peachy + fresh
(contains nuts)*

BIG RED ROBE OOLONG (6 POT)

Complex, with hints of grapefruit

FEATURED RED TEAS

No Caffeine

AFRICAN HONEYBUSH

Sweet, fruity, antioxidant rich

PEACH ROOIBOS

Peachy, summery

ROMAN-PROVENCE ROOIBOS

Lavender, rose, and blueberry

* PREGNANT WOMEN

Avoid teas marked with *; herbal specialty drinks not suggested during pregnancy; herbal extracts contain less than .4% alcohol



SAGE KITCHEN

TEAS BY THE POT

\$4.00

DAILY ICED TEA

\$3.50

All of our teas are available hot by the 24 oz. pot, or iced by the carafe

HERBAL ELIXIRS

ZEN "MOJITO"

Calming herbal tonic with refreshing orange, mint & cucumber, reminiscent of the classic Cuban cocktail **9**

MANGO KAVA COLADA

A traditional Polynesian herb which influences a euphoric calm with a sweet, creamy blend of coconut milk and tropical fruit **9**

POMEGRANATE PICK ME UP

A powerfully fortifying, energy tonic with a bold, sweet blend of pomegranate with a tart finish **9**

CREATIVITY COOLER

Fresh muddled cucumber, lightly sweetened, sparkling water, with herbs to stimulate creative expression **5**